

**Table 1.** Inequity gaps in energy balance-related behaviours at baseline (T<sub>0</sub>) per country.

Country	Belgium	Bulgaria	France	Greece	Portugal	Romania	The Netherlands
<b>Behaviour component</b>							
<b>Dietary intake</b>							
<b>Fruit consumption</b>	-	-	-	-	+	+	+
<b>Cooked vegetables' consumption</b>	-	-	-	-	+	+	-
<b>Salad/grated vegetables' consumption</b>	-	-	-	-	+	-	-
<b>Fluid intake</b>							
<b>Water consumption</b>	-	-	-	-	-	-	-
<b>Fruit juices frequency (weekly)</b>	-	-	-	-	-	+	-
<b>Fruit juices amount (ml)</b>	+	+	-	-	-	+	+
<b>Soft drinks frequency (weekly)</b>	-	-	-	-	+	+	-
<b>Soft drinks amount (ml)</b>	-	-	-	-	+	+	-
<b>Screen exposure</b>							

<b>TV watching week days (h/day)</b>	+	-	+	+	+	+	-
<b>TV watching weekend days (h/day)</b>	+	-	+	-	+	-	-
<b>Computer playing week days (h/day)</b>	+	+	-	-	-	-	-
<b>Computer playing weekend days (h/day)</b>	+	+	-	-	-	+	-
<b>Total screen time (weekly)</b>	+	+	+	+	+	-	-
<b>Sleep</b>							
<b>Sleep hours week days</b>	-	-	-	-	+	+	+
<b>Sleep hours weekend days</b>	-	-	-	-	-	-	+

**Table 2.** Inequity gaps between low and high education groups in determinants-related to the four EPHE themes- of the social and physical environment of the child for each country in a nutshell.

Country	Significant Inequity gaps at T <sub>0</sub> per behaviour		
	Dietary intake	Fluid intake	Screen exposure
Belgium	<p><i>Fruit consumption</i></p> <ul style="list-style-type: none"> <li>• Availability of fruit at home</li> </ul>	<p><i>Fruit juices consumption</i></p> <ul style="list-style-type: none"> <li>• <b>Parental allowing</b> for consuming fruit juices</li> </ul>	<p><i>TV exposure</i></p> <ul style="list-style-type: none"> <li>• TV <b>available</b> at child's bedroom</li> <li>• Having <b>TV on</b> during meal time</li> <li>• <b>Monitoring</b> the time the child watches TV Parents <b>watching TV together</b> with the child</li> </ul> <p><i>PC exposure</i></p> <ul style="list-style-type: none"> <li>• Child <b>nagging</b> when computer playing is forbidden</li> <li>• <b>Parents playing</b> computer games/<b>using</b> computer <b>together</b> with the child</li> </ul>
Bulgaria	<p><i>Fruit consumption</i></p> <ul style="list-style-type: none"> <li>• <b>Allowing</b> fruit consumption</li> </ul>	<p><i>Soft drinks consumption</i></p> <ul style="list-style-type: none"> <li>• <b>Availability</b> of soft drinks at home</li> </ul>	<p><i>TV exposure</i></p> <ul style="list-style-type: none"> <li>• TV available in child's bedroom</li> </ul> <p><i>PC exposure</i></p> <ul style="list-style-type: none"> <li>• <b>Parents playing</b> computer games/<b>using</b> computer <b>together</b> with the child</li> </ul>
France		<p><i>Fruit juices' consumption</i></p> <ul style="list-style-type: none"> <li>• Child <b>nagging</b> when drinking fruit juices is forbidden</li> <li>• Parental <b>efficacy</b> to <b>retain rules</b> related to child's intake</li> </ul> <p><i>Soft drinks consumption</i></p> <ul style="list-style-type: none"> <li>• Child <b>nagging</b> when drinking soft drinks is forbidden</li> </ul>	<p><i>TV exposure</i></p> <ul style="list-style-type: none"> <li>• <b>Negotiate</b> for allowed time to watch TV</li> <li>• Parents <b>watching TV together</b> with the child</li> </ul> <p><i>PC exposure</i></p> <ul style="list-style-type: none"> <li>• Child <b>nagging</b> when computer playing is forbidden</li> </ul>
Greece	<p><i>Fruit consumption</i></p> <ul style="list-style-type: none"> <li>• <b>Habit</b> to eat fruit every day</li> </ul> <p><i>Vegetable consumption</i></p> <ul style="list-style-type: none"> <li>• Parental <b>knowledge</b> on vegetable <b>recommendations</b></li> </ul>	<p><i>Fruit juices' consumption</i></p> <ul style="list-style-type: none"> <li>• <b>Negotiating</b> about the amount of fruit juices the child is allowed to drink</li> </ul>	<p><i>TV exposure</i></p> <ul style="list-style-type: none"> <li>• Having <b>TV on</b> during meal time</li> <li>• <b>Parental efficacy</b> to forbid TV watching</li> </ul>

Portugal	<p><i>Fruit consumption</i></p> <ul style="list-style-type: none"> <li>• Fruit <b>availability</b> at home</li> <li>• Eat fruit together with the child</li> </ul> <p><i>Vegetable consumption</i></p> <ul style="list-style-type: none"> <li>• Parental <b>knowledge</b> on <b>vegetable</b> recommendations</li> <li>• Parental <b>allowance</b> to eat vegetables</li> <li>• <b>Facilitating</b> vegetable consumption</li> <li>• Vegetable <b>availability</b> at home</li> </ul>	<p><i>Fruit juices consumption</i></p> <ul style="list-style-type: none"> <li>• Giving fruit juices as <b>reward</b> or to <b>comfort</b> child</li> </ul> <p><i>Soft drinks' consumption</i></p> <ul style="list-style-type: none"> <li>• Communicating <b>health belief</b> regarding soft drinks' consumption</li> <li>• <b>Availability</b> of soft drinks at home</li> <li>• <b>Drinking</b> soft drinks <b>together</b> with the child</li> <li>• Child <b>nagging</b> when drinking soft drinks is forbidden</li> </ul>	<p><i>Screen exposure</i></p> <ul style="list-style-type: none"> <li>• Parental <b>allowance</b> for TV watching</li> <li>• <b>Reward</b> child by allowing TV watching</li> <li>• Child <b>nagging</b> for TV</li> <li>• TV <b>available</b> in child's bedroom</li> <li>• Having <b>TV on</b> during meal time</li> </ul>
Romania	<p><i>Fruit consumption</i></p> <ul style="list-style-type: none"> <li>• <b>Facilitating</b> fruit consumption</li> <li>• Fruit <b>availability</b> at home</li> </ul> <p><i>Vegetable consumption</i></p> <ul style="list-style-type: none"> <li>• Vegetable <b>facilitation</b></li> <li>• Vegetable <b>availability</b> at home</li> </ul>	<p><i>Fruit juices' consumption</i></p> <ul style="list-style-type: none"> <li>• <b>Monitoring</b> child's fruit juice consumption</li> <li>• Parental <b>efficacy</b> to forbid fruit juices' consumption</li> </ul> <p><i>Soft drinks consumption</i></p> <ul style="list-style-type: none"> <li>• Parental <b>allowance</b> for soft drinks consumption</li> <li>• Avoid <b>drinking</b> soft drinks in <b>presence</b> of child</li> <li>• <b>Drinking</b> soft drinks <b>together</b> with child</li> <li>• Soft drinks' <b>availability</b> at home</li> </ul>	<p><i>TV exposure</i></p> <ul style="list-style-type: none"> <li>• <b>Watching TV together</b> with the child</li> <li>• TV <b>available</b> in child's bedroom</li> <li>• Parental <b>allowance</b> for TV watching</li> <li>• <b>Negotiating</b> for the time allowed to watch TV</li> </ul> <p><i>PC exposure</i></p> <ul style="list-style-type: none"> <li>• <b>Negotiating</b> for the time allowed to use the computer/play computer games</li> </ul>
The Netherlands <sup>a</sup>	<p><i>Fruit consumption</i></p> <ul style="list-style-type: none"> <li>• Parental <b>demand</b> for fruit consumption</li> </ul> <p><i>Vegetable consumption</i></p> <ul style="list-style-type: none"> <li>• <b>Facilitation</b> vegetable consumption</li> <li>• <b>Habit</b> to eat vegetables every day</li> </ul>	<p><i>Fruit juices consumption</i></p> <ul style="list-style-type: none"> <li>• Parental <b>efficacy</b> to forbid fruit juices consumption</li> <li>• Giving fruit juices as <b>reward</b> or to <b>comfort</b> the child</li> <li>• Child <b>nagging</b> when fruit juices consumption</li> </ul>	<p><i>TV exposure</i></p> <ul style="list-style-type: none"> <li>• TV <b>available</b> in the child's bedroom</li> <li>• <b>Monitoring</b> the <b>time</b> child is watching TV Parental <b>allowance</b> for TV watching</li> <li>• <b>Avoid watching TV</b> in presence of the child</li> </ul> <p><i>PC exposure</i></p> <ul style="list-style-type: none"> <li>• <b>Negotiate</b> about the allowed time of computer playing</li> <li>• Parent <b>avoiding to use computer/playing computer games</b> in presence of the child</li> </ul>